

2023 Website Program Description



Inner Guidance

Learn to connect with your inner guidance to manifest your desired reality

Online Program

\$275.00

2 Weeks

Prerequisites

[Beyond Meditation](#)

[Exploring Consciousness](#)

[Excursion Workshop](#)

[Gateway Experience](#)

[Gateway Voyage](#)

[Gateway Voyage Virtual Retreat](#)

Only one of the prerequisites above is required

During the Inner Guidance online program, you will continue to develop, explore and experience expanded states of awareness. You will learn to connect with your inner guidance; manifest your desired future; explore new ideas; meet new non-physical friends; learn non-verbal communication; broaden your perception as you continue your exploration of Focus 10 and 12.

This program empowers you to experience deep, targeted states of consciousness. Through participation in this program you have the potential to:

- Expand your perception
- Develop greater present time focus
- Sharpened awareness of synchronicities

- Explore the out-of-body state and other energy systems
- Gain a deeper understanding of yourself

Inner Guidance is offered in an online Moodle classroom

It is taught in using Wave IV "Adventure". This course is intended to be completed in two weeks. You can, however, adjust the schedule to meet your needs.

A trainer will support your questions through a weekly 1-hour video conference

Through online discussion and shared experience, you will be part of a collaborative learning community. A knowledgeable and skilled Monroe trainer will be your guide throughout the program as you learn to use new tools for deeper levels of meditation and self-discovery

Experience the power of audio guidance technology. Learn tools and techniques that allow you to quickly and easily enter into expanded states of awareness.

Embark upon an odyssey of self-discovery!

- **Wave IV Adventure** - Learn more about Focus 10 and Focus 12 exercises developed specifically to make the methods for perceiving and controlling your nonphysical energy

Course Materials and Enrollment

The course fee does NOT include the course materials. You may purchase the audio exercises [Wave IV](#) separately from our store.

Once you've purchased your "Inner Guidance" online course, you'll receive instructions for completing your program application and creating your Moodle account and the program schedule.

Maximum enrollment, 30 students



Relax and enjoy this [free audio sample](#) (*See the link in the Details section below.*) to experience the deep relaxation and instantaneous expanded meditative state that Monroe's audio provides.

What You Get

In addition to the program materials and audio exercises, you will receive the following benefits.



Trainer Facilitation

Throughout the course a Monroe trainer will be there to answer your questions and support and guide you through the program.



Learn Valuable Tools

Explore, navigate and use the non-physical aspects of your own higher consciousness.